

CELEBRATING 157 YEARS!

Stark County Medical Society *News*

Spring/Summer 2023

A Message from our President: Dr. Roger Musa, MD

I would like to bring attention to an issue that continues to affect the health and wellbeing of our community: healthcare disparities. Despite significant progress in the healthcare sector, disparities in healthcare access and outcomes persist among certain populations, such as low-income individuals, people of color, and those living in rural areas.

In Stark County, there are marked disparities in health outcomes between different racial and ethnic groups. For example, black residents are more likely to experience premature death and have a higher incidence of chronic diseases such as diabetes, hypertension, and heart disease than white residents. Moreover, low-income individuals often have less access to healthcare services and are more likely to experience adverse health outcomes.

As healthcare providers, we have a moral obligation to address these disparities and work towards equitable healthcare for all individuals in our community. It is essential that we understand the root causes of healthcare disparities and take proactive steps to address them.

The Stark County Medical Society is committed to promoting diversity and inclusivity within our profession, and to advocating for policies that

reduce healthcare disparities. We are working in collaboration with local organizations, community leaders, and policymakers to identify and address the factors that contribute to these disparities.

Our efforts include supporting initiatives that increase access to healthcare for underserved populations, advocating for policies that reduce health inequities, and providing education and training to our members on cultural competence and unconscious bias. By working together, we can make significant progress in improving the health and wellbeing of all individuals in our community.

I urge all of our members to join us in this important work. Together, we can build a healthcare system that is accessible, affordable, and equitable for everyone in Stark County.



Dr. Roger Musa, MD

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In this Issue...

President's Message | Disability and Long-Term Insurance for Members | Financial Focus: Disability Risk Protection | Memorial Tribute "Putting" An End To Hunger Akron-Canton Regional Foodbank | SureShred: Sebastian's Story | Desk of Charles Smith | In The Know | Calendar

The Stark County Medical Society (SCMS) has access to politicians and the state medical association. Together, we are strong with a voice that will be heard! Contact us at 330.492.3333 or www.starkmedical.org. We look forward to hearing from you.



Opinions expressed by the authors are their own, and not necessarily those of the Stark County Medical Society, Trustees or individual members. SCMS News reserves the right to edit all contributions for clarity and length, as well as, to reject any material submitted.

STARKMEDICAL.ORG | (330) 492-3333

The Stark County Medical Society is pleased to announce a vendor partnership with GDK & Company of North Canton for disability and long-term care insurance.

Partnering with Quinn Parker and the team at GDK, we are able to offer special pricing and coverages thru Ameritas, one of the largest disability insurance carriers, with coverages specific to medical professionals. Members will also have access to coverage from every long-term care insurance carrier in the current marketplace.

We're very excited to be able to offer both types of insurance to our members ~ please contact Quinn today at 330-244-2008 or quinn@gdkandco.com to discuss your disability and long-term care needs!

4827678.1

Protect Your Paycheck

Everything that you have rests on your ability to earn an income. If you suddenly lost your ability to work and earn a living due to a sickness or injury, how would it change your life? How would you pay your bills?



The decision to protect your income with disability income insurance is a smart one.

Contact me today

Together, we can build a solid foundation for your financial future with cost savings available through your membership – a **15% discount**.

Quinn E. Parker
GDK & Company
5771 Mayfair Road
North Canton, Ohio 44720
330-244-2008 direct
330-806-9830 cell
www.gdkandco.com

GDK & Company is not an affiliate of Ameritas.

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Disability Income Insurance

For association members

Planning for the unexpected

The decision to build a comprehensive financial plan is a smart strategy to help you through times of uncertainty and it should include disability income insurance. Disability income insurance helps you plan for the unexpected by replacing a portion of your income, if you're unable to work due to a sickness or injury.

Life can never be free from uncertainty. But when uncertainty is minimized, life can be maximized. Our diversified products and services help individuals, families and businesses protect what matters most.

Quinn Parker
GDK & Company
5771 Mayfair Rd
North Canton, OH 44720
Direct: 330-244-2008
Cell: 330-806-9830
quinn@gdkandco.com
www.gdkandco.com



GDK & Company is not an affiliate of Ameritas or its subsidiaries.

We understand what is important to you

Dnamic Foundation from Ameritas is disability income insurance and it helps protect your financial foundation. It'll be there when you need it most, going to work for you when you can't.

We understand what is important to you which is why Dnamic Foundation offers cost savings and design flexibility, so you can design coverage specific to your individual income protection needs.

Premium savings

As a member of an approved association, you are entitled to a 15% discount from standard rates when you purchase individual DI and/or Business Overhead Expense insurance.

Plan design flexibility

Options are essential to building disability protection based on your unique needs. With Dnamic Foundation, you have choices.

- Plan options
 1. Noncancelable and Guaranteed Renewable offers a rate guarantee to age 65.
 2. Guaranteed Renewable helps you save on the cost of insurance, but premiums are subject to change prior to age 65 (on a class basis with state approval).
- Definition of disability
 1. Own Occupation: benefits are paid if you're unable to work in your own occupation due to sickness or injury, even if you choose to work in another occupation.
 2. Own Occupation and Not Working: benefits are paid if you're unable to work in your occupation due to a sickness or injury and if you're not working in another occupation.



Ameritas Life Insurance Corp.
Ameritas Life Insurance Corp. of New York

FINANCIAL FOCUS: *Are you protected from disability risk?*

BY EDWARD JONES

Like many people, you may try to stay healthy by exercising regularly, following a good diet and avoiding dangerous activities. But as we all know, life is unpredictable, and despite your best efforts, you may encounter an injury or illness that can leave you unable to work for several months — or longer. If this happened, would you have difficulty paying your bills? Or would you be forced to dip into investments meant to help you achieve long-term goals, such as a comfortable retirement?

To help prevent these outcomes, you may want to protect yourself against the possibility of a disability. One good move is to build an emergency fund containing up to six months' worth of living expenses, with the money kept in a liquid account. Even if you never need this fund for a disability, it's hardly a wasted effort, because you could use the funds for other unexpected costs, such as a major repair to your home or car.

But to feel truly prepared for a disability that could threaten your financial situation, you may also need to consider disability insurance. If you work for a mid-size or large company, your employer may offer group coverage as an employee benefit. This coverage can be valuable, but it may not be sufficient. For one thing, many employer-sponsored disability policies won't fully replace your lost income. Also, some group policies may make you wait longer than you'd like before your benefits kick in. And these policies aren't always "portable," either — if you leave your job, you might also be leaving behind your disability plan.

For these reasons, you may want to consider purchasing a long-term disability insurance policy. However, the features of these policies vary greatly, so you'll want to be diligent in choosing the policy that's right for you.

What are the key features to compare among policies? For openers, look at the type of policy — is it noncancelable or guaranteed renewable? With a noncancelable policy, the terms and premiums can't be changed, but a guaranteed renewable policy can increase premiums.

Here are some other features to consider:

- **Coverage amount** – How much will you receive in benefits? You may be able to replace up to 100% of your after-tax income.
- **Waiting period** – How much time must pass from the onset of your disability until you start receiving benefits?
- **Benefit duration** – How long will you receive benefits? To protect against a long-term disability, you might want a policy that replaces income until your planned retirement age.
- **Inflation coverage** – How much will your benefits increase each year? Ideally, you'd like your benefits to keep pace with inflation and keep up with what you might receive from future salary increases or promotions.
- **Definition of disability** – If you choose an "Own Occupation" policy, you'll receive benefits if you can't work at the job you had when you became disabled. With an "Any Occupation" policy, you'll receive benefits if you can't work at any job based on your qualifications.

Clearly, there's much to consider when choosing a disability policy. You might want to consult with a financial professional, who can help you pick a policy that fits within your overall financial strategy. But don't wait too long — you may never need to use this protection, but you might like having it available.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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9-month **5.10** %^{APY*}

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* Annual Percentage Yield (APY) effective 05/12/2023. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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A Memorial Tribute

J. Matthew Neal, M.D.

October 13, 1938 – February 23, 2023

Tippur Seshagiri, M.D.

March 25, 2023

Richard D. Zimmerman, M.D.

December 14, 1935 – January 4, 2023

Ricardo Limardo, M.D.

March 28th, 2023

Raymond John McMahon, M.D.

June 20, 1930 – April 22, 2023

Stark County Medical Society

22nd Annual Golf Outing

to benefit the Akron-Canton Regional Foodbank

WEDNESDAY, SEPTEMBER 20, 2023

The Quarry Golf Club

5650 Quarry Lake Drive SE in Canton

9:30AM Registration, Free Range Balls and Shrimp & Bloody Mary Hospitality Station

11:00AM Shotgun Start

5:00PM Dinner

Scramble format 18 holes with cart • Lunch at the turn
Beer, pop and water on the course • Raffles • Pizza, margaritas and chips during golf • Exclusive swag bag for each golfer • Prizes • Free contests
Barbeque dinner buffet in the ballroom immediately after golf

\$125/Golfer • \$500/Foursome

Single Registration • \$125/Person

Name:

Individual golfers and smaller groups will be paired for the event.

Team Registration • \$500/Foursome

Team Name:

Name 1:

Name 2:

Name 3:

Name 4:

The event will sell out. Registration is on a first come, first serve basis. Your payment is required for completion of your registration.

Dinner in the ballroom with no golf • \$30/Person

Name:

Tee Sponsorship • \$100

Business or Family Name:



Stark County
Medical Society

FREE
Hole in One
Contest
\$10,000

sponsored by



FREE
Closest to the Pin
Contest
\$250
VISA Gift Card

sponsored by



Sponsorship Opportunities

Become an outing sponsor for just \$100 and show your support for the Akron-Canton Regional Foodbank. Your family or business name will be proudly displayed at the tee box of one of the 18 holes.

PRIZES AWARDED TO
1st Place Team • 2nd Place Team
Last Place Team



Contact Faith Barbato at 330.493.0800 or fbarbato@acrfb.org for more information.

Mail this form with check payable to Stark County Medical Society to:

Akron-Canton Regional Foodbank Stark Campus; 1365 Cherry Ave. NE; Canton, OH 44714

Sebastian's Story SURESHRED BY TWI

When you choose SureShred by TWI, you choose to make a difference in your local community.

When you choose SureShred for your shredding needs, you support paid employment opportunities for local adults with developmental disabilities.

One of the adults employed by SureShred is Sebastian. As an employee of SureShred, he learns valuable employment skills in a safe environment while also earning a paycheck.

Sebastian has his entire life mapped out – not something many people can say when they're in their early 20s. Through SureShred, he is currently working on growing job skills that will assist him in securing independent employment. Sebastian's goal? To gain independent employment at a local bakery.

You may wonder – what does shredding have to do with baking? The answer is more than you think. Through SureShred, Sebastian is learning valuable skills that will benefit him in any career, including attention to detail, organization, time management, and communication.

Outside of work Sebastian enjoys walking, playing video games, and cooking. He also shares that he has a passion for helping and taking care of others. Sebastian is an advocate not only for himself, but for others with developmental disabilities as well. He strives to educate himself and others about developmental disabilities and mental illness – determined to combat the stigmas attached to these

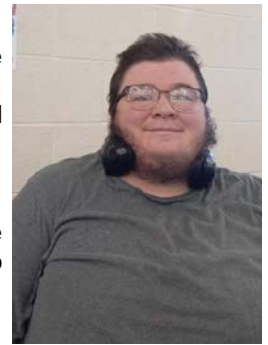
diagnoses.

Sebastian chooses employment because it provides him the opportunity to learn new skills, earn a paycheck, and spend time with friends. Through his employment, Sebastian earns a paycheck and can utilize this money however he chooses. He often uses the money he earns to purchase new video games!

When asked what he wished people knew about him, Sebastian responds without hesitation – “That all people regardless of who they are, deserve to be treated equally and with kindness. Even if they are different.”

A leader in disability employment services, TWi has been connecting the employment goals of individuals served, to the employment needs of the community for over 50 years. Through unique employment programs, such as SureShred, TWi empowers adults with developmental disabilities to grow employment skills while earning an income.

To learn more about SureShred, visit [ChooseTWi.com](https://www.choosetwi.com), or call 330-479-3820.



SureShred takes the hassle out of disposing sensitive documents. We deliver secure receptacles to your business, and pick up on a schedule that works for you.

The best part? When you choose us for your shredding needs, you support paid employment opportunities for local adults with developmental disabilities.

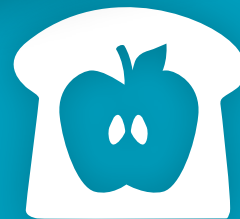


Visit [ChooseTWi.com](https://www.choosetwi.com) or call 330-479-3958 to learn more.

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CAN HELP OUR
NEIGHBORS IN
NEED.**



**1 in 6 children
may struggle
with hunger
in our area.**



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BANK**

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akroncantonfoodbank.org

From the Desk of Charles Smith, M.D. **THE FUTURE OF THE U.S. HEALTHCARE SYSTEM?**

We just came back from Austria. It has been 55 years since I first visited that country. A lot was happening back then (besides getting married). We had just shot a man around the moon, they were burning down our cities, and Medicare was just being implemented. We were worried about socialized medicine and what it would be like in the United States. We assumed it would be a carbon copy of the English system. I was interested to learn about and then disturbed to find out what it was like in Austria. They had a government health insurance, but also other insurance plans sponsored by various unions and associations. Basically, the health care system was controlled by the insurance companies.

A doctor couldn't practice unless he had a contract with an insurance plan. Patients were told where they could obtain medical care and which doctors they could see. I was shocked. Doctors were paid a pittance resulting in them seeing at least 20 patients an hour. Patients were required to return every month for refills on their medications. Prescriptions were never called in. Patients never called their doctor after hours or on weekends.

If you needed care, you went to the Emergency Department of the hospital. The worst part of the system, as I saw it back then, was the fragmentation of care. When a patient went to the hospital they saw an unfamiliar doctor, then another new doctor in rehab, and yet another in the nursing home.

About 10-15 years ago their system was going broke, so they instituted a co-pay. Doctors were still paid their pittance by the insurance, but then the insurance company billed the patients for the co-pay.

What I discovered this time in Austria was that Physicians are increasingly opting out of the insurance program. People are increasingly willing to pay to see a private physician because of astronomically shorter waiting times both for outpatient care and surgery, as well as better quality of care and longer office visits. The insurance will reimburse the patients 80% of what they would have paid a panel doctor. Not unexpectedly, the insurance companies are struggling to get physicians to sign up for their plans. Patients, unable to get into see

their primary care doctor, are flooding the hospital clinics or paying to see a private physician. Overall, most seem to be happy with this private system. Physicians earn a decent living, and patients get better care. WHAT A CONCEPT.

But the socialist party is up in arms because they have created a two-tier system of health care. Everyone seems to have their own ideas on how to "reform" this new system, but no one has thought of paying doctors more to participate in the panels.

55 years ago when I first visited Austria I saw the future of the health care system in the United States. Will this "new" trend be our future too?



**We're your neighbors,
your friends and your family...**

We've got you.

Aultman has been here, in your backyard, FOR NEARLY 130 YEARS.

As the only locally owned and operated healthcare system,
we have been COMMITTED TO YOU and our community,
generation after generation.

AULTMAN

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Regulated Medical Waste

A Cost Saving Solution



Stark County
Medical Society

"By using the buying power of its members, the Stark County Medical Society is able to offer you access to what we believe could be a significant discount over what you are currently paying for medical waste disposal."

Kevin Metz,

Executive Director Stark Count Medical Society



Regulated Medical Waste Disposal is our core business. Ameri-Med provides the health care profession with cost effective packaging, treatment shipping paper, legal transportation and disposal of their regulated medical waste, thus leaving patient care and treatment as their primary concern.



Pharmaceutical Wastes are now required to be separated from regulated medical waste in some states. As a solution, Ameri-Med is now offering a pick-up service as well as a mail-back program.



Compliance assistance is just one of the added benefits when you choose Ameri-Med. We provide an OSHA compliant program that delivers the training tools you need to work more safely and maintain regulatory compliance.



Medical Waste pick-up scheduling can be pre-scheduled or on an as needed basis. All waste is transported in fully licensed and permitted vehicles that meet and/or exceed all regulatory requirements.

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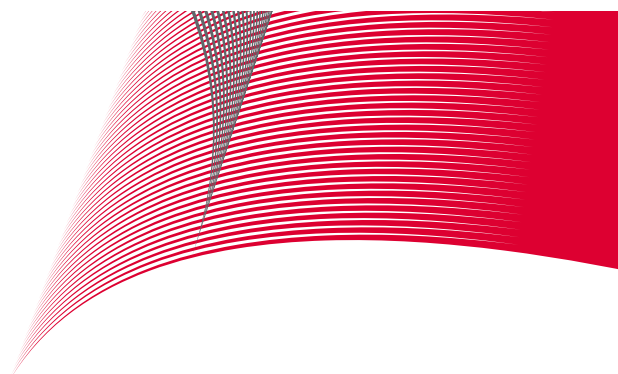


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Frank A. Luckino, III DPM FACFAS

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408 Ninth Street S.W. Suite 1450 Canton, Ohio 44707
Phone 330.445.1087 | Fax 330.445.1075

- Are you a resident of Stark, Lorain, or Carroll county?
- Are you uninsured, underinsured, or in the donut hole?
- Are you at or below the following qualification guidelines?

One person household	\$33,975
Two person household	\$45,775
Three person household	\$57,575
Four person household	\$69,375

*For families/households with more than four persons, please add \$11,800 for each additional person.

Good news, you qualify for services! Now we are ready to sign you up! Here is what you need:

- Income verification for all household members

*At least two paystubs for each member and prior year tax return if filed

- Photo ID and verification of address if not the same as what is on the photo ID
 - Social Security card
 - Red, white, and blue Medicare card
 - List of all monthly household expenses if insured
 - Documentation if in the donut hole (coverage gap)
- Bring prescription bottles or a list (must have current scripts or refills available)

CALL TODAY! 330.445.1087

The poster features a light blue sky background with a large white cloud in the upper right and a smaller one below it. A bright yellow sun with rays is positioned behind the top right of the large cloud. The text is centered in the upper half. The bottom of the poster has a green grassy field. On the right side of the grass, there is a large tan beach umbrella and a white picnic table with two white chairs. The text is arranged in a clear, readable font, with the title in a larger size than the other text.

Stark County Medical Society Family Pot Luck Picnic

Sunday, August 20, 2023

Oakwood Country Club

6875 Firestone Ave., NE
Canton, Ohio 44721

2 Ways to have fun!

Join us for an old fashion family pot luck picnic at Noon.

Or

Tee off at 10:30 am for a 9 Hole Scramble, join us for BBQ, pot luck, and outdoor games and then golf another 9 holes!

Either way Just bring a side dish or dessert to share.

SCMS will supply the BBQ.

RSVP: 330.492.3333

No later than 8/15/23

In the Know... **THE LATEST NEWS & EVENT INFORMATION FROM SCMS**

150 CLUB WINNERS!

150 Club winners for the month of May were numbers 20, 30, and 06. There's still a chance to be a winner. Contact Kevin for ticket info.

MEDICAL WASTE DISPOSAL DISCOUNTS

SCMS is pleased to announce a new partnership with **Amer-Medical Waste Services**. Ameri-Medical is a complete medical waste service which meets or exceeds all environmental regulatory requirements. We negotiated a **guaranteed price structure for our members for period of five years**. The fee includes container, liner, transportation, disposal and manifest tracking. There are no hidden charges. To schedule a no obligation quote, please contact **Jim Parks at 1.800.604.5039**. **Membership has its value.**

2023 DUES

If you have already paid your 2023 dues, THANK YOU! If not, it's not too late. **Full-time dues are \$325.00 (check) or \$335.00 (credit card) and Part-time dues are \$225.00 (check) or \$235.00 (credit card).**

UPDATE YOUR INFORMATION

Did you move or change practice location or get a new email address? If so, please let us know. We want to make sure you get all SCMS updates and correspondence.

CALL FOR VOLUNTEERS

Are you interested in **strengthening organized medicine**? Want to make a difference in your community? Network with professionals and make new friends? If so, we have opportunities for you. Reach out to a current board member about serving as a trustee, helping with fundraising, member recruitment, or organizing a meeting. **Whatever your talent, we have a place for you.**

EXECUTIVE OFFICE HOURS

Our office hours are changing and vary from week to week. Be patient if you leave a message, it might take a day or two to get back with you. Email is a great way to communicate with us. Kevin can be reached at kpmetz@ameritech.net.

2023 CALENDAR

August

● ● ● ● ● ● ● ● ● ● *September* ● ● ● ● ● ● ● ● ● ●

20 Membership Picnic Sunday 10:30 a.m. Tee-Off Noon Lunch Oakwood Country Club	7 SCMS Board Meeting Thursday 6:00 p.m.	20 Golf Outing Wednesday 11 a.m. Shot-Gun Start The Quarry Golf Club	22 Health Fair Friday 8:30 a.m.
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November

● ● ● ● ● ● ● ● ● ● *December* ● ● ● ● ●

2 SCMS Board Meeting Thursday 6:00 p.m.	7 SCMS Board Meeting Thursday 6:00 p.m.	14 Holiday Party Thursday 6:00 p.m. Brookside Country Club
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Every effort has been made to publish an accurate Calendar. Please continue to check the SCMS News for any unforeseen modification in dates and locations. Thank you.

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PARTICIPANT TESTIMONIAL

"Don't wait until the burnout has taken away the career you love or the life you live"

There is help.



SCREENINGS

We offer comprehensive screens to determine preliminary results on burnout, mental health disorders, and substance use disorders.



SUPPORT

OhioPHP can offer support to a number of healthcare professionals in Ohio. Our clinical team is here to help answer questions.



EDUCATION

Our clinical team has over 100 years of combined experience working with healthcare professionals. We can provide education to you and your team.

Reach out to us by phone at (614) 841-9690 or email us at info@ophp.org