

MEALS **on** WHEELS

STARK & WAYNE COUNTIES

THE CLIENTS.

Age 75 and Older — 53%
Low Income — 20%
Male — 37%
Female — 63%
Handicapped — 16%
Minority — 6%
Veterans — 18%

CLIENTS REPORT
IMPROVEMENT IN
MENTAL HEALTH
AND SELF-RATED
HEALTH

CLIENTS REPORT
REDUCTIONS IN
WORRYING ABOUT
REMAINING IN
THEIR HOMES

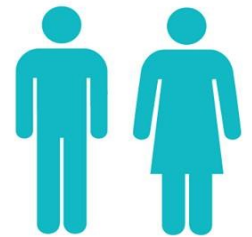
CLIENTS REPORT
IMPROVEMENTS IN
FEELINGS OF
ISOLATION AND
LONELINESS

CLIENTS REPORT
REDUCTIONS IN
THE RATE OF
FALLS

THE AGENCY.

Serves more than 1,400 meals daily.
Delivers meals all throughout Stark and Wayne Counties.
Offers home-delivered and congregate-dining options.
Prepares meals under the supervision of a licensed dietitian.
Provides more than a meal by delivering a safety check, a friendly hello, and a moment of human connection.

YOU?



You can volunteer as a meal delivery driver. Contact Anngi Klick, Volunteer Specialist, at 330-832-7220 ext. 113 or klick@mow-starkwayne.org.

You can make a client referral. Call the agency at 330-832-7220 and select Option 3; fax a referral form to 330-832-7425; or email a referral through the agency's website at www.mow-starkwayne.org/referral.

You can connect with Meals on Wheels in person, over the phone, and online.
2363 Nave Road SE, Massillon, OH 4464
330-832-7220 / www.mow-starkwayne.org

